

## ABSTRACT OF THE DISCLOSURE

1           A method for defrosting a household refrigeration appliance including a  
2 compressor and a defrost heater. After a controller indicates that it is time for a defrost  
3 cycle, the compressor is operated if the temperature of the appliance is greater than a set  
4 temperature. The compressor is stopped when a temperature of the appliance is equal to  
5 or less than the set temperature. After the step of stopping, the temperature of the  
6 appliance is raised while the defrost heater is inactivated. After the temperature is raised,  
7 the defrost heater is energized. The controller pauses for a drip time after deenergizing  
8 the defrost heater before allowing the compressor to run.